



The Prosperity Press

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UCDD's Day on the Hill

UCDD's team recently spent a Day on the Hill advocating for childcare and promoting the Upper Cumberland Bright Start Plan in partnership with TQEE. We were proud to be joined by early childhood providers, representatives from TTU's Early Childhood Education program, and other key partners committed to improving outcomes for young children in our region.



WCTE Ready to Learn in Fentress County

Everyone enjoyed a delicious meal from KFC. We welcomed a great crowd—4 households with 5 adults and 9 kids!

The evening was filled with fun and learning:

- We read a book
- Watched a themed video
- Played sorting games on iPads
- Did hands-on sorting activities—including trail mix sorting with Ms. Vanestia and Ms. Megan!

Each child took home their sorted snacks, sorting objects, and a book for their household.

A big thank you to the City of Jamestown for always partnering with us and providing a wonderful space to host events like this!



CRMC Empower Luncheon

Our team is in the planning stages of a luncheon in Warren County scheduled for May 6th. If you're interested in hosting a table, please contact John Bell as soon as possible to reserve your spot. We look forward to seeing you there!

Highlands Training Center Onsite Workshops

These events included a facility tour and insightful discussions with employees and members of their management team. It is a valuable opportunity for participants to learn more about the workplace environment and expectations in a real-world setting.



EmpowerMENT Nights

EmpowerMENT Nights help participants build social connections and find their self-worth, reminding them that they are enough, just as they are. Through the MENT principles, they will create: **Meaningful** Connections with others, forming real relationships where they are valued for who they are. **Engagement** encourages them to take part in their growth, knowing that their worth comes from within, not from what others think. **Networking** shows them that success comes from helping each other, and the more they believe in their selves, the more they can support others. At the heart of EmpowerMENT Nights, **Togetherness** helps them feel like they belong, and when they connect with others, they also connect with themselves.

Our first event took place on May 1st in Cumberland County. We will be hosting an event in each county every month moving forward. If you or someone you know would like to volunteer, please contact Vicki Smith at vsmith@uchra.com.

