



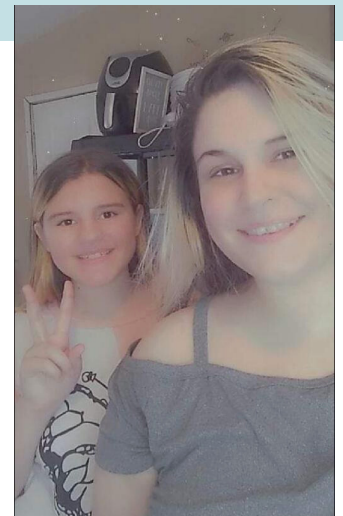
Macon County Circles

Macon County Circles has been very busy throughout the past several weeks with training Allies and serving families. The youth program is going strong with the help of the Macon County High School student volunteers.



Participant Spotlight

Sara is a high school graduate who entered the workforce right after graduation. Sara is now a supervisor at Burger King after recently receiving a promotion and a pay raise. Her ultimate goal is to one day have her own store to manage, whether it's Burger King or another company/ organization. Sara became a mother at 18 to her daughter Serinity, who is now 13. They had been living in a hotel for a few months, most of her wages went to stay there because it cost more than a rental property. She and Serinity now have their own apartment through Highlands Residential. Sara is learning to budget properly and is even talking about opening a savings account. Both she and her daughter are more positive and excited about the future.



New Employees

Welcome our five new employees; Adam Knepp - Putnam County Navigator, Caitlyn Like - Program Specialist, Jeannie Tinnon - System Specialist, Jeremy Conner - Cumberland County Navigator, and Josh Yoder - Putnam County Navigator. Welcome to the team!

Highland Training Center Host Workshop

Highlands Training Center hosted a workshop on Mental Health and Finances 101 for 21 participants who attended the event.



2023 Annual Report

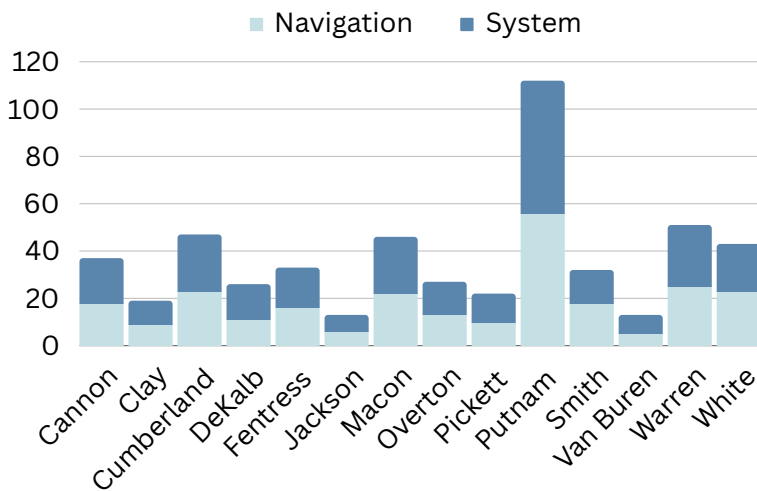
Our Annual report was submitted to TNDHS in January. The report highlights all the hard work and the impact Empower UC has made in the region over the past year. Check it out at www.empoweruppercumberland.org



INSPIRING AND EQUIPPING FAMILIES, INDIVIDUALS, AND COMMUNITIES TO PROSPER.



Enrollments & Referrals



Total Enrollments - 521



Make a donation to support a family



CRMC Foundation Empower UC Luncheon

Planning is underway for the first Empower Fundraising Luncheon on February 20th and the Central City Church in Cookeville. If you would like more information contact Brent Young at BLYoung@crmchealth.org